



GUIDE TO SAVING ENERGY AT HOME



LIGHTING

- ❑ Replace current lighting with LED or compact fluorescent bulbs
- ❑ Turn off the lights in an unoccupied room
- ❑ Use natural light
- ❑ Place lamps in a corner to help light the entire room

KITCHEN

- ❑ Choose the air dry setting on your dishwasher
- ❑ Leave at least 2 inches behind the refrigerator to allow heat to escape from the coils
- ❑ Set refrigerator temperature to 36-39°F and freezer temperature to 0-5°F

APPLIANCES & ELECTRONICS

- ❑ Install Energy Star rated appliances throughout the house
- ❑ Invest in a power strip for multiple electronics and turn off when not in use
- ❑ Line dry clothes whenever possible
- ❑ Apply the power management setting on any PC or laptop
- ❑ Unplug chargers when not in use to avoid using phantom energy
- ❑ Use cold water for laundry whenever possible

HEATING & COOLING

- ❑ Purchase heavy drapes to keep your home cool in the summer and retain heat in the winter
- ❑ Install a programmable thermostat
- ❑ Open blinds in the winter to naturally heat your home
- ❑ Use a door sweep to prevent a draft from entering
- ❑ Replace heating/AC unit filter once a month, or as recommended by manufacturer

WATER CONSERVATION

- ❑ Install low flow shower heads and faucet aerators
- ❑ Refrain from running water while brushing your teeth, shaving, and washing dishes
- ❑ Reduce your shower time to 10 minutes or less
- ❑ Fix any leaks immediately

SAVINGS ADD UP!

- ❑ Replacing light bulbs saves \$65/year
- ❑ Programmable thermostats saves \$120-150/year
- ❑ Low flow shower heads saves \$145/year
- ❑ Using power strips saves \$30-100/year